



**Discovery Vine Holiday Club  
Cottam Primary School &  
Longsands Primary School  
Summer 2022**



**Monday 25th July - Friday 2nd September 2022**  
(Excluding August Bank Holiday - Monday 29th August)

# Holiday Club



## Arts & Crafts





















































|   |   |   |  |   |
|---|---|---|--|---|
| <b>Hamma Beads</b>  | <b>Loom Bands</b>   | <b>Origami</b>  | <b>Pony Bead crafts</b>  | <b>Friendship bracelets</b>   |
|    |    |    |    |    |
| <b>Paper Crafts</b>   | <b>Wool crafts</b>  | <b>Modelling clay</b>   | <b>Sewing</b>  | <b>Tracing</b>  |
|    |    |    |    |    |
| <b>Painting</b>   | <b>Finger painting</b>  | <b>Puppet Making</b>  | <b>Scratch art</b>   | <b>Mosaics</b>  |
|  |  |  |  |  |
| <b>Building Noodles</b>   | <b>Fuzzy art</b>  | <b>Sand pictures</b>  | <b>Shrinkies</b>   | <b>Tie dye</b>  |
|  |  |  |  |  |
| <b>Sun print pictures</b>   | <b>String art</b>   | <b>Weaving</b>  | <b>Rock painting</b>   | <b>Peg dolls</b>  |
|  |  |  |  |  |



# Learn to Cook!

|   |   |   |  |   |
|---|---|---|--|---|
| <p><b>Blueberry Granola bars</b></p>  | <p><b>Pup-peroni pizzas</b></p>   | <p><b>Rainbow fruit cones</b></p>   | <p><b>Easy pigs in blankets</b></p>  | <p><b>Sandal sandwiches</b></p>   |
|    |    |    |    |    |
| <p><b>Delicious dip</b></p>   | <p><b>Pleasing pasta</b></p>  | <p><b>Vegetable frittatas</b></p>   | <p><b>Brilliant bread</b></p>  | <p><b>Royal rice</b></p>  |
|    |    |    |    |    |
| <p><b>Animal cheese crackers</b></p>  | <p><b>Fruit bouquet</b></p>   | <p><b>Avocado bread</b></p>   | <p><b>Cherry pie pops</b></p>  | <p><b>Honey roasted chickpeas</b></p>   |
|  |  |  |  |  |
| <p><b>Pizza wheels</b></p>  | <p><b>Cous cous</b></p>   | <p><b>Pitta pockets</b></p>   | <p><b>Simple spring rolls</b></p>  | <p><b>Great green soup</b></p>  |
|  |  |  |  |  |
| <p><b>Rainbow fruit watermelon pizza</b></p>  | <p><b>Fruit &amp; veggie ice pops</b></p>   | <p><b>Blueberry bagels</b></p>  | <p><b>Blueberry banana muffins</b></p>   | <p><b>Ham &amp; broccoli Cheese bombs</b></p>   |
|  |  |  |  |  |

# Science, Technology, Engineering & Maths (STEM) Challenges

|  |  |   |  |  |   |
|--|--|---|--|--|---|
|   | Spaghetti bridges<br>     | Changing states<br>            | Geodesic domes<br>        | Marble run<br>                | Strong as a drinking straw<br>   |
| Electric motor<br>                        | Underwater volcano<br>    | Build a crumple zone<br>       | Cotton reel tank<br>      | Floating ping pong balls<br>  | Lights out<br>                   |
| Balloon kebabs<br>                        | Cardboard boat<br>        | Multi shape<br>                | Cardboard chair<br>       | Decode a message<br>          | Clever egg box<br>               |
| Liquid densities<br>                    | Expanding gases<br>     | Water vortex in a bottle<br> | Non-newtonian fluid<br> | Bright as a new penny<br>   | Grow a plant in a jar<br>      |
| Boat powered by a chemical reaction<br> | Lenz's law<br>          | Cartesian diver<br>          | Inertial eggs<br>       | $100+100=192?$<br>          | Measure the speed of light<br> |
| Weather balloon<br>                     | Floating paper clip<br> | Balloon car race<br>         | Helicopter<br>          | Water clock<br>             | Metal etching<br>              |
| Invisible fire extinguisher<br>         | Scared pepper<br>       | Jelly and oil<br>            | Dancing raisins<br>     | A tough nut to crack<br>    | Burning custard<br>            |
| Copper plating<br>                      | Build a compass<br>     | Finger calculator<br>        | Homemade water bomb<br> | How to make a lava lamp<br> | Potato power<br>               |
| Ivory soap<br>                          | Make a periscope<br>    | Coloured carnations<br>      | Attractive nails<br>    | Invisible ink<br>           |                                |

## Mindfulness & Wellbeing


|  |  |  |  |  |  |
|--|--|--|--|--|--|
| Calm Corner  | Yoga   | Wellbeing journal  | 30 Day kindness challenge  | Compliment bookmarks   | Mindfulness & Kindness colouring   |
|   |   |   |   |   |   |
| Mindfulness scavenger hunts  | Mindfulness fortune-tellers  | Calm books   | Guided relaxation  | Choose To Be Kind collaborative poster   | Secret Agents of Kindness missions   |
|  |  |  |  |  |  |

## Sports & Physical Activities

|   |   |  |   |
|---|---|--|---|
| 60 minute a day challenge   | Parachute games   | Team sports  | Team games  |
|  |  |  |  |
| Chasing games   | Health and Fitness Games  | Target games   | Cooperation games   |
|  |  |  |  |



# Forest School Activities

|  |  |   |   |   |
|--|--|---|---|---|
|                                     | <p>Make a bug hotel</p>   | <p>Make a clay bug</p>                       | <p>Plaster cast footprints</p>  | <p>Camouflage hands</p>              |
| <p>Shelter and den building</p>     | <p>3D maps</p>    | <p>Make a goblin village &amp; mini den</p>  | <p>Carve a butter knife</p>     | <p>Knots &amp; ropes</p>             |
| <p>Stick ribbons</p>              | <p>Leaf printed bunting</p>                                     | <p>Make a catapult</p>                     | <p>Nest building</p>          | <p>Make a coil pot</p>             |
| <p>Make a fat lamp</p>            | <p>Cooking on a fire<br/>Orange cous cous<br/>Baked apples</p>  | <p>Wooden xylophones</p>                   | <p>Story telling stones</p>   | <p>Elder whistles</p>              |
| <p>Leaf &amp; flower plaques</p>  | <p>Charcoal &amp; char cloth making</p>                         | <p>Charcoal art</p>                        | <p>Make a stretcher</p>       | <p>Camp fire &amp; sing along</p>  |

# Activity Boxes

(Available on rotation)

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| <b>Camping</b>  | <b>Beach ball games</b>   | <b>Photo fun</b>  | <b>Hopper racing</b>  | <b>Cooperation games</b>  | <b>Marble maze</b>  |
|    |    |    |    |    |    |
| <b>Bubble fun</b>   | <b>Circus skills</b>  | <b>Kite flying</b>  | <b>Kitchen science</b>  | <b>Parachute challenge</b>  | <b>Bounce off</b>   |
|    |    |    |   |    |    |
| <b>Rocket science</b>   | <b>Giant outdoor games</b>  | <b>Electronic circuits</b>  | <b>Balance games</b>  | <b>Lawn games</b>   | <b>Weaving</b>  |
|  |  |  |  |  |  |
| <b>Bug hunting</b>  | <b>Mini ice hockey/ curling</b>   | <b>Building challenge</b>   | <b>Spy kit</b>  | <b>Fairground games</b>   | <b>Cheerleading</b>   |
|  |  |  |  |  |  |
| <b>IQ puzzles</b>   | <b>Hand bells</b>   | <b>Boomwhackers</b>   | <b>Beat the buzzer</b>  | <b>Drone flying</b>   | <b>Ski racing</b>   |
|  |  |  |  |  |  |