

## Health

# 6.6 Poorly children & Infection control

- •If a child appears unwell during the day, for example has a raised temperature, sickness, diarrhoea\* or pains, particularly in the head or stomach then the setting manager calls the parents and asks them to collect the child or send a known carer to collect on their behalf.
- If a child has a raised temperature, they are kept cool by removing top clothing, sponging their heads with cool water and kept away from draughts.
- •A child's temperature is taken and checked regularly, using Fever Scans or other means i.e. ear thermometer.
- •In an emergency an ambulance is called and the parents are informed.
- Parents are advised to seek medical advice before returning them to the setting; the setting can
  refuse admittance to children who have a raised temperature, sickness and diarrhoea or a
  contagious infection or disease.
- •Where children have been prescribed antibiotics for an infectious illness or complaint, parents are asked to keep them at home for 48 hours.
- •After diarrhoea or vomiting, parents are asked to keep children home for 48 hours following the last episode.
- •Some activities such as sand and water play and self-serve snack will be suspended for the duration of any outbreak.
- •The setting has information about excludable diseases and exclusion times.
- •The setting manager notifies their line manager if there is an outbreak of an infection (affects more than 3-4 children) and keeps a record of the numbers and duration of each event.
- •The setting manager has a list of notifiable diseases and contacts Public Health England (PHE) and Ofsted in the event of an outbreak.
- If staff suspect that a child who falls ill whilst in their care is suffering from a serious disease that may have been contracted abroad such as Ebola, immediate medical assessment is required. The setting manager or deputy calls NHS111 and informs parents.

#### **HIV/AIDS** procedure

HIV virus, like other viruses such as Hepatitis, (A, B and C), are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.

- Single use vinyl gloves and aprons are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.
- Protective rubber gloves are used for cleaning/sluicing clothing after changing.
- Soiled clothing is rinsed and bagged for parents to collect.
- Spills of blood, urine, faeces or vomit are cleared using mild disinfectant solution and mops; cloths used are disposed of with clinical waste.
- Tables and other furniture or toys affected by blood, urine, faeces or vomit are cleaned using a disinfectant.

## Nits and head lice

- Nits and head lice are not an excludable condition; although in exceptional cases parents may be asked to keep the child away from the setting until the infestation has cleared.
- On identifying cases of head lice, all parents are informed and asked to treat their child and all the family, using current recommended treatments methods if they are found.

\*Diarrhoea is defined as 3 or more liquid or semi-liquid stools in a 24-hour period. (<u>www.gov.uk/</u> <u>government/publications/health-protection-in-schools-and-other-childcare-facilities/chapter-9-</u> <u>managing-specific-infectious-diseases#diarrhoea-and-vomiting-gastroenteritis</u>)

## \*\*Paracetamol based medicines (e.g. Calpol)

The use of paracetamol-based medicine may not be agreed in all cases. A setting cannot take bottles of non-prescription medicine from parents to hold on a 'just in case' basis, unless there is an immediate reason for doing so.

#### Infection control

Good practice infection control is paramount in early years settings. Young children's immune systems are still developing, and they are therefore more susceptible to illness.

#### Prevention

- Minimise contact with individuals who are unwell by ensuring that those who have symptoms of an infectious illness do not attend settings and stay at home for the recommended exclusion time (see below UKHSA link).
- Always clean hands thoroughly, and more often than usual where there is an infection outbreak.
- Ensure good respiratory hygiene amongst children and staff by promoting 'catch it, bin it, kill it' approach.
- Where necessary, for instance, where there is an infection outbreak, wear appropriate PPE.

#### Response to an infection outbreak

Manage confirmed cases of a contagious illness by following the guidance from the <u>UK</u>
 <u>Health Security Agency (UKHSA)</u>

#### Informing others

Early years providers have a duty to inform Ofsted of any serious accidents, illnesses or injuries as follows:

- · anything that requires resuscitation
- · admittance to hospital for more than 24 hours
- · a broken bone or fracture
- · dislocation of any major joint, such as the shoulder, knee, hip or elbow
- any loss of consciousness
- · severe breathing difficulties, including asphyxia
- anything leading to hypothermia or heat-induced illness

In some circumstances this may include a confirmed case of a Notifiable Disease in their setting, if it meets the criteria defined by Ofsted above. Please note that it is not the responsibility of the setting to diagnose a notifiable disease. This can only be done by a clinician (GP or Doctor). If a child is displaying symptoms that indicate they may be suffering from a notifiable disease, parents must be advised to seek a medical diagnosis, which will then be 'notified' to the relevant body. Once a diagnosis is confirmed, the setting may be contacted by the UKHSA, or may wish to contact them for further advice

#### **Further guidance**

Guidance on infection control in schools and other childcare settings (Public Health Agency) <u>https://www.publichealth.hscni.net/sites/default/files/</u> Guidance on infection control in%20schools poster.pdf

This policy was reviewed on: 11/04/24 and adopted by: Discovery Vine Ltd Date to be reviewed: April 2025 (or earlier if necessary) Signed on behalf of Discovery Vine Ltd: Lynda Garbutt Name of signatory: Lynda Garbutt Role of signatory: Managing Director